

# VICTORY THROUGH MIND CONTROL

(AND CHRIST OF COURSE)

ROMANS 8:1-17

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*verse by verse, line by line, word for word*

# REVIEW OF ROMANS CHAPTERS 1-7



# RECAP

- Chapter 1: Mans Predicament
- Chapter 2: Man's Devolution
- Chapter 3: All have sinned and hypocrites
- Chapter 4: Abraham is example of salvation by faith.
- Chapter 5: We all sinned "in" Adam and in same way we are saved by being "in" Christ, the Second Adam.
- Chapter 6: We are united with Christ in his death, burial and resurrection
- Chapter 7: There can be no victory over sin without union with Christ and without the indwelling of the Holy Spirit

## Romans 7:13-25

# Total Failure Experience Described Is Not Possible For Those Who Are Born Again

- **13-16** Did that which is good, then, bring death to me? By no means! **It was sin, producing death in me ...I am of the flesh, sold under sin.** For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate...I know that **nothing good dwells in me**, that is, in my flesh. For I have the desire to do what is right, **but not the ability to carry it out.** For I do not do the good I want, but the evil I do not want is what I keep on doing. Now if I do what I do not want, it is no longer I who do it, but **sin that dwells within me.**
- **21-24** So I find it to be a law that when I want to do right, evil lies close at hand. For I delight in the law of God, in my inner being, but **I see in my members another law waging war against the law of my mind and making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will deliver me from this body of death?**
- No Mention of Christ
- No Mention of the Spirit
- Describes experience not possible for Believers
- A body of death is not a born again person's body.

# A Believer's Life Will Not be Characterized by Slavery To Flesh and Sin Described in Romans 7.

- To name just a few...
- **Hebrews 2:18.** For because he himself has suffered when tempted, he is able to help those who are being tempted.
- **1 Corinthians 10:3.** No temptation has overtaken you that is not common to man. God is faithful, and **he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.**
- **Philippians 4:13.** I can do all things through him who strengthens me.

## RECAP: PUTTING CHAPTER 7 IN CONTEXT

- God loves sinners. While we were still sinners, Jesus died for us.
- God hates sin.
- Christians do sin. We are not sin-free until we are with him in Heaven.
- Christians have the ability to flee and resist temptations.
- Christians do not want to sin. This is because they love and appreciate God's love for them. Hence they tend to identify with Paul's writing in Chapter 7.
- Chapter 7 Describes the nature of unsaved man as:
  - *Death in them*
  - *Sold as slaves*
  - *Nothing good dwells in them*
  - *Sin dwells in them.*
  - *Captive to the law of sin*
- Do these describe a Christian?

# ROMANS 8:1-11

# Romans 8:1-4

## WE WIN! WE ARE VICTORIOUS

- 1 There is **therefore** now no **condemnation** for those who are **in Christ Jesus**.<sup>a</sup>
- 2 For the law of the Spirit of life has set you<sup>b</sup> free **in Christ Jesus** from the law of sin and death.
- 3 For God has done what **the law**, weakened by the **flesh**, could not do.

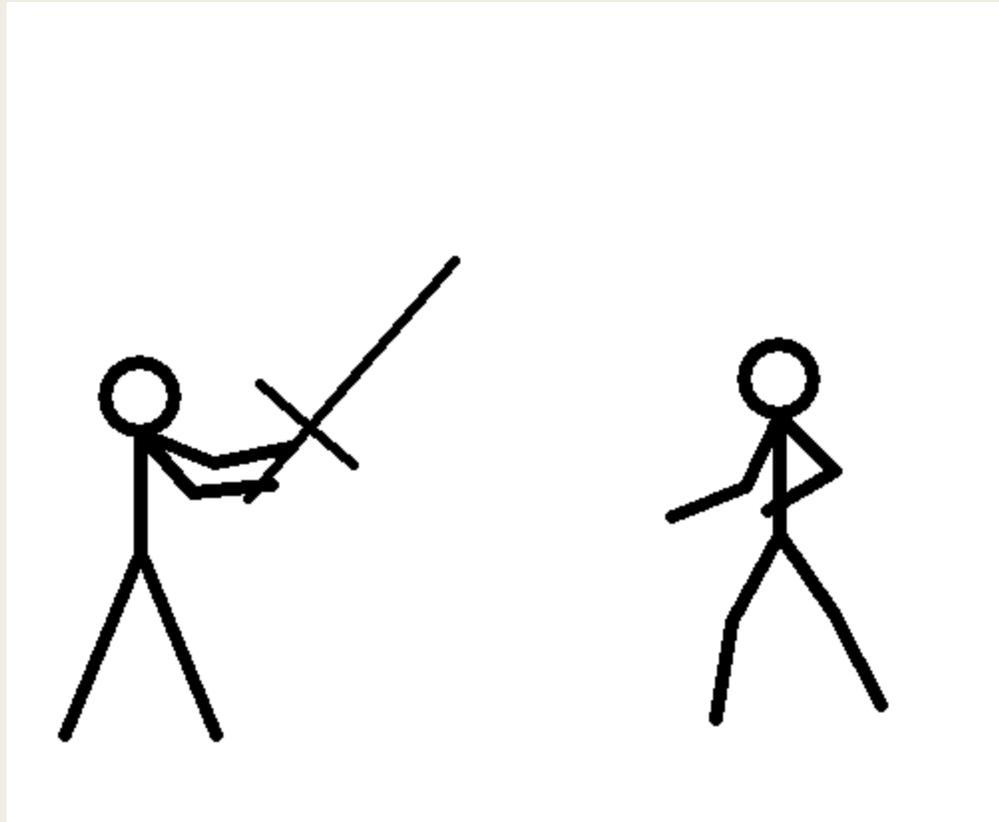


# Romans 8:1a

## Here Is Where The Therefore Is There For:

- Romans 5, especially vs. 18-19.
- Therefore, *as one trespass* led to **condemnation** for all men, so one act of righteousness leads to justification and life for all men. For as by the one man's [Adam's] disobedience the many were made sinners, so by the one man's [Christ's] obedience the many will be made righteous.

# Spiritual Warfare: Flesh Vs. Spirit



# Romans 8:5a

## Live “according to” the Flesh

■ but those who live

– according to the  
***Flesh***

■ set their minds on

■ the *things of the Flesh.*

Things of the flesh	Examples
	Lust, anger, cruelty
Casual sex, lust	Money, power, fame
drunkenness	foul mouth

# Romans 8:5b

## Live “according to” the Spirit

- but those who live
  - according to the Spirit
- ➔ ■ set their minds on
  - the *things of the Spirit*.

Things of the Spirit	Examples?

# What does it mean to “walk according to” the Flesh/Spirit?

- **2 John 1:6**
- And this is love, that we walk according to his commandments; this is the commandment, just as you have heard from the beginning, so that you should walk in it.
- Definition of according to
  - 1 : in conformity with, consistent with
  - 2 : as stated or attested by
  - 3 : depending on, in compliance with



# WHAT DOES “SET YOUR MIND ON” SOMETHING?

Is it a Yoga saying? Do we need to take big breaths?

- **To set your mind on something means**
- **To want something:**
- **Synonyms:** *want, wish, hope*...lust for long for.
- To be determined to achieve or obtain something.
- What if I just visualize my desires and then I'll obtain them, right?
- Do we need to reprogram ourselves (especially our “reticular activation system”)?

Examples:

*Once*

*Annas set her mind on getting something, there's no stopping her.*

*I've set my mind on getting a university de gree.*

# Romans 8:6-8

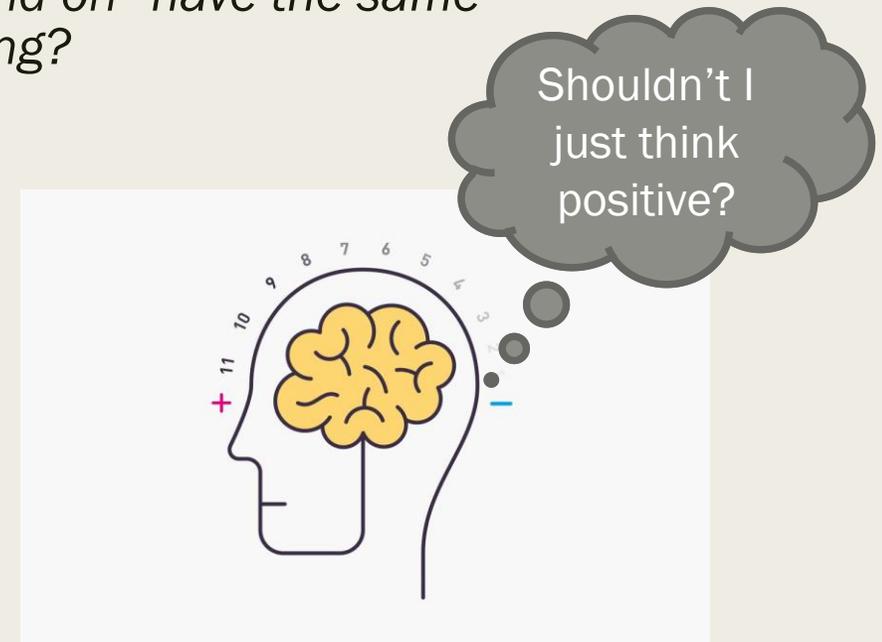
## MINDSETS: how the war is fought

■ For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace.

■ the mind that is set on the flesh is hostile to God, for it does not submit to God's law; indeed, it cannot.

■ Those who are in the flesh cannot please God.

- *What does it mean to set your mind on something?*
- *Does “walk according to” and “set the mind on” have the same meaning?*



# Romans 8:9-12

## THE HOLY SPIRIT TO THE RESCUE

### ■ Romans 8:9-12

■ You, however, are not **in the flesh** but **in the Spirit**, if in fact the **Spirit of God dwells in you**. Anyone *who does not have* the **Spirit** of Christ does not *belong to* him. But if **Christ is in you**, although the *body* is dead because of **sin**, the **Spirit** is life because of righteousness.

■ If the **Spirit** of him who raised Jesus from the dead **dwells in you**, he who raised Christ Jesus<sup>d</sup> from the dead will also give life to your *mortal bodies* through his **Spirit who dwells in you**. So then, brothers,<sup>e</sup> we are debtors, not to the **flesh**, to live according to the **flesh**.

■ 1 Corinthians 3:16-17 Do you not know that you are a temple of God and *that* the **Spirit of God dwells in you**? ...

■ 1 John 3:24. Whoever keeps his commandments abides in God, and God in him. **And by this we know that he abides in us, by the Spirit whom he has given us.**

# COMPARE GALATIANS

- Galatians 5:16-18 But I say, **walk by the Spirit**, and you **will not gratify the desires of the flesh**. For the **desires of the flesh** are against the Spirit, and the **desires of the Spirit** are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do. But if you are **led by the Spirit**, you are not under the law.
- Galatians 5:24-25 Now those who **belong to Christ Jesus have crucified the flesh** with its passions and desires. If we live by the Spirit, let us also walk by the Spirit.

# COMPARE COLOSSIANS

- **Colossians 1:13** If then you have been raised with Christ, **seek the things that are above, where Christ is**, seated at the right hand of God. **Set your minds on things that are above, not on things that are on earth.**
- **Colossians 3:5-10** **Put to death therefore what is earthly in you:** sexual immorality, impurity, passion, evil desire, and covetousness, which is idolatry... On account of these the wrath of God is coming. **In these you too once walked**, when you were **living in them**. But now you must **put them all away:** anger, wrath, malice, slander, and obscene talk from your mouth. Do not lie to one another, seeing that you **have put off the old self** with its practices and have **put on the new self**, *which is being renewed in knowledge after the image of its creator.*

# Philippians 4:8-9

- Finally, brothers,
- whatever is true,
- whatever is honorable,
- whatever is just,
- whatever is pure,
- whatever is lovely,
- whatever is commendable
- if there is any excellence,
- if there is anything worthy of praise,
- **think about these things.**
- What you have learned<sup>e</sup> and received and heard and seen in me—**practice these things**, and the God of peace will be with you.

# ROMANS 8:12-17

Romans Chapter 8, verse by verse, line by line, word for word

# Romans 8:12-13

■ 12 So then, brothers,<sup>e</sup> we are debtors, not to the **flesh**, to live according to the **flesh**.

■ 13 For if you live according to the **flesh** you will die, but if *by the Spirit* you put to death *the deeds* of the **body**, you will live.



# Romans 8:14-17

## Assurance, Adoption & Union

- **14** For all who are led by the Spirit of God are **sons<sup>f</sup> of God. 1**
- **15** For you did not receive the spirit of slavery to fall back into fear, but you have received the **Spirit of adoption as sons, by whom we cry, “Abba! Father!”**
- **16** The **Spirit** himself *bears witness with our spirit* that we are **children of God,**
- **17** and if children, then heirs—heirs of **God and fellow heirs with Christ,** provided we suffer with him in order that we may also be glorified with him.

- LEADING OF THE HS
- ADOPTION
  - “son of God” “children of God” and fellow heirs with Christ
- ASSURANCE
  - Spirit bears witness with our spirit’
- UNION
  - “suffer with him” “glorified with him |”

# ADOPTION

## CROSS REFERENCES

- **1 Peter 1:14-16** As obedient children, do not be conformed to the former lusts *which were yours* in your ignorance, **15** but like the Holy One who called you, be holy yourselves also in all *your* behavior; **16** because it is written, “**YOU SHALL BE HOLY, FOR I AM HOLY.**”
- John 1:12 But to all who did receive him, who believed in his name, he gave the right to **become children of God,**
- **Galatians 4:4-7** But when the fullness of the time came, God sent forth His Son, born of a woman, born under the Law, **5** so that He might redeem those who were under the Law, that we might receive **the adoption as sons. 6** **Because you are sons,** God has sent forth the **Spirit of His Son into our hearts,** crying, “Abba! Father!” **7** Therefore you are no longer a slave, but a son; and if a **son, then an heir through God.**

# Jump ahead

## Renewing your minds...

### ■ Romans 12:2

Do not be conformed to this world, **but be transformed by the renewal of your mind**, that by testing you may discern what is the will of God, what is good and acceptable and perfect.